

# **CMA MEET REPORT**

## **WINTER CHAMPIONSHIPS**

### **March 6-9, 2008**

#### **COMBINED TEAM SCORES:**

**1<sup>st</sup> CMA – 6461.50**

**2<sup>nd</sup> LRSC – 6270**

**3<sup>rd</sup> BYB – 2063.50**

#### **FEMALE TEAM SCORES:**

**1<sup>st</sup> CMA – 3494**

**2<sup>nd</sup> LRSC – 3161**

**3<sup>rd</sup> BYB – 1105**

#### **MALE TEAM SCORES:**

**1<sup>st</sup> LRSC – 3109**

**2<sup>nd</sup> CMA – 2967.50**

**3<sup>rd</sup> SEAL – 1336**

#### **AGE GROUP STANDINGS:**

**CMA Senior Girls – 1<sup>st</sup>**

**CMA Senior Boys – 2<sup>nd</sup>**

**CMA 13-14 Girls – 1<sup>st</sup>**

**CMA 13-14 Boys – 2<sup>nd</sup>**

**CMA 11-12 Girls – 4<sup>th</sup>**

**CMA 11-12 Boys – 1<sup>st</sup>**

**CMA 10 and Under Girls – 3<sup>rd</sup>**

**CMA 10 and Under Boys – 3<sup>rd</sup>**

**Congratulations to all the MSI Teams for a great Winter Championship Meet at the University of Maine at Orono! It's been six years since MSI hosted winter champs at Orono, and CMA enjoyed the venue for many reasons: families were able to stay put rather than commute back and forth; distractions were put aside and focus could be put on swimming rather than a quick trip home; a change in scenery is always nice! Many great swims were had by all. Special congratulations go out to all the CMA swimmers, coaches, and families for working together to make this the best Winter Championship in a long time! Close to 300 best times were achieved, and many State Records and Team Records were accumulated. The behind-the-scenes work that went into CMA's success was phenomenal.....social gatherings, phone calls, car-pooling, officiating, timing, meet clean-up, valiant coaching efforts by all our coaches, HUGE dedication by all our swimmers, and unyielding support by our parents are all the ingredients that make CMA so successful! Thank you EVERYONE!!!**

## **NEW SECTIONAL CUTS: IMPROVED SECTIONAL CUTS:**

**Rosie Wennberg – 50 Freestyle**  
**Nora Daly – 100 Freestyle**  
**Laura Flewelling – 200 IM**  
**Nicole Glab – 200 Butterfly**  
**Drew MacKeil – 200 Butterfly**

**Nick Daly – 50 Free, 100 Free**  
**Laura Flewelling – 100 Breast**  
**Robby Gravel – 200 IM**  
**Tyler Magee – 50 Free, 100 Free,  
100 Breast, 200 Breast**

## **NEW STATE RECORDS: 1 Individual 5 Relay**

**11-12 Boys 200 Backstroke - 2:12.34 Jerry Gravel**

**11-12 Boys' 400 Freestyle Relay – 4:05.81 Trebor Lawton, Evan Long,  
Louis Frumer, Jerry Gravel**

**Senior Men's 200 Medley Relay – 1:37.87 Jim Harvey, Tyler Magee,  
Robby Gravel, Nick Daly**

**Senior Men's 400 Freestyle Relay – 3:11.65 Tyler Magee, Robby Gravel,  
Nick Daly, Jim Harvey**

**Senior Men's 400 Medley Relay – 3:32.22 Jim Harvey, Tyler Magee,  
Robby Gravel, Nick Daly**

**Senior Men's 200 Freestyle Relay – 1:26.87 Tyler Magee, Robby Gravel,  
Jim Harvey, Nick Daly**

## **NEW TEAM RECORDS: 4 individual 7 relay**

**Trebor Lawton – 100 Freestyle 55:15 11-12 Boys**

**Jerry Gravel – 200 Backstroke 2:12.34 11-12 Boys**

**Tyler Magee – 100 Breaststroke 58.96 17-18 Men**

**Tyler Magee – 100 Breaststroke 58.96 Senior Men**

**11-12 Boys' 400 Freestyle Relay – 4:05.81 Trebor Lawton, Evan Long,  
Louis Frumer, Jerry Gravel**

**11-12 Boys' 200 Freestyle Relay – 1:52.97 Trebor Lawton, Ben Shapiro,  
Louis Frumer, Jerry Gravel**

**11-12 Boys' 200 Medley Relay – 2:06.90 Trebor Lawton, Jerry Gravel,  
Evan Long, Louis Frumer**

**Senior Men's 200 Medley Relay – 1:37.87 Jim Harvey, Tyler Magee,  
Robby Gravel, Nick Daly**

**Senior Men's 400 Freestyle Relay – 3:11.65 Tyler Magee, Robby Gravel,  
Nick Daly, Jim Harvey**

**Senior Men's 400 Medley Relay – 3:32.22 Jim Harvey, Tyler Magee,  
Robby Gravel, Nick Daly**

**Senior Men's 200 Freestyle Relay – 1:26.87 Tyler Magee, Robby Gravel,  
Jim Harvey, Nick Daly**

# **MAINE SWIMMING ZONE TEAM QUALIFIERS**

**(those in Red have chosen to participate in the meet in BUFFALO, NY April 1-4, 2008 representing Maine):**

**Christine Beecher, Dini Bernier, Samantha Couillard, Nick Daly, Nora Daly, Laura Flewelling, Nicole Glab, Danielle Gravel, Jerry Gravel, Kip Gravel, Robby Gravel, Nicole Harmon, Heather Kraft, Evan Long, Amelia Lundkvist, Drew MacKeil, Tyler Magee, Kelsey Ryan, Nick Twomey, Rosie Wennberg, Sydney Wight, Katy Wolfe.**

## **RELAY POINTS EARNED BY ENTIRE TEAM!**

**10 and Under Girls: 283**

**10 and Under Boys: 317**

**11-12 Girls: 222**

**11-12 Boys: 201**

**13-14 Girls: 458**

**13-14 Boys: 200**

**Open Girls: 481**

**Open Boys: 422**

**TOTAL RELAY POINTS EARNED BY CMA: 2,584 which is almost 40% of the total points earned by CMA!!!!**

**Athletes who made tremendous sacrifices and showed incredible team commitment and traveled to Orono specifically to contribute to the relay tally and will be forever appreciated:**

**Davis Backer, Kaitlyn Carter, David Flewelling, Kelly Frumer, Sophie Fullerton-Hersey, David Goodglass, Jane Greenberg, Sam Greenberg, Carter Harvey, Quinn Hewitt, Sophie Lawton, Kyle Long, Olivia Neff-Jendrasko, Lisa Ryan, Brittanie Walsh, Mikhayla Welsch, Arden Wing, Koko Wing**

**NEW 2005-2008 NATIONAL AGE GROUP  
MOTIVATIONAL TIMES**

**New “AAAA” Times:**

**Nick Daly – 50 Free, 100 Free**  
**Laura Flewelling – 100 Breaststroke**  
**Jerry Gravel – 200 Backstroke**  
**Kip Gravel – 200 Backstroke**

**New “AAA” Times:**

**Gaby Cloutier - 50 Free**  
**Sam Couillard – 100 Breaststroke**  
**Nora Daly – 1000 Freestyle**  
**Nicole Glab – 400 IM**  
**Jerry Gravel – 200 Fly, 200 Free**  
**Kip Gravel – 100 Fly**  
**Trebor Lawton – 500 Freestyle, 100 IM, 200 Free, 50 Free**  
**Joe Moreshead – 50 Free**

**New “AA” Times:**

**Gaby Cloutier – 100 Free**  
**Marcus Cloutier – 200 IM, 100 Free**  
**Arthur Hamill – 50 Free (in relay lead-off)**  
**Nicole Harmon – 200 Fly**  
**Evan Long – 50 Free**  
**Drew MacKeil – 200 Free**  
**Stephanie Walton – 100 Fly**  
**Sydney Wight – 50 Fly, 100 Fly**  
**Katy Wolfe – 200 Free**

**New “A” Times:**

**Aleeza Barkas – 200 Back, 200 IM, 200 Free, 100 Back**  
**Christine Beecher – 100 Breast**  
**Marcus Cloutier – 200 Free**  
**Maya Glab – 400 IM**  
**Jerry Gravel – 100 Breast, 200 Breast**  
**Arthur Hamill – 200 IM, 500 Free, 400 IM**  
**Taylor Herrera – 100 Back**  
**Heather Kraft – 200 Free**  
**Evan Long – 50 Fly, 200 IM, 100 IM**  
**Amelia Lundkvist – 100 Free, 200 IM, 200 Fly**  
**Sydney Wight – 200 IM, 100 Free**

## **BEST TIMES REPORT:**

**12 BEST TIMES:** Marcus Cloutier

**11 BEST TIMES:** Arthur Hamill, Jim Harvey, Christian Shannon

**9 BEST TIMES:** Aleeza Barkas, Jerry Gravel, Amelia Lundkvist, Drew MacKeil, Sydney Wight

**8 BEST TIMES:** Gaby Cloutier, Sam Couillard, Heather Kraft, Trebor Lawton, Evan Long, Ben Shapiro, Noelle Webster

**7 BEST TIMES:** Madeline Kraft, Alison Reynolds

**6 BEST TIMES:** Christine Beecher, Laura Flewelling, Maya Glab, Kip Gravel, Tyler Magee, Joe Moreshead, Ana Neff-Jendrasko, Katy Wolfe

**5 BEST TIMES:** Katherine Moreshead, Marshall Peterson, Nick Twomey, Haylee Walsh

**4 BEST TIMES:** Hilary Dion, Nicole Harmon, Emily MacDuffie, Adam Saltz, Paul Wennberg

**3 BEST TIMES:** Dini Bernier, Helen Evans, Edie Frederick, Louis Frumer, Nicole Glab, Colby Harvey, Taylor Herrera, Lucy Iselborn, Kelsey Ryan

**2 BEST TIMES:** Davis Backer, Nicole Cloutier, Nick Daly, Nora Daly, Andrew Herrera, Julia Hintlian, Tom Spencer, Stephanie Walton, Rosie Wennberg

**1 BEST TIME:** Katy Beneman, Tommy Brett, Rhyann Cloutier, Mark Endrizzi, Robby Gravel, Olivia Hintlian, Joe Inhorn, Alex Mukai, Lisa Ryan, Arden Wing, Leo Wing, John Xiang

# **CMA SWIMMERS SCORING INDIVIDUAL POINTS IN THEIR AGE GROUPS:**

## **15 and over Female:**

**Laura Flewelling 159 pts.**  
**Nora Daly 145 pts.**  
**Nicole Harmon 138 pts.**  
**Nicole Glab 124 pts.**  
**Dineke Bernier 115 pts.**  
**Kelsey Ryan 89 pts.**  
**Amelia Lundkvist 75 pts.**  
**Christine Beecher 62 pts.**  
**Rosie Wennberg 59 pts.**  
**Danielle Gravel 32 pts.**  
**Hilary Dion 21 pts.**  
**Stephanie Walton 18 pts.**  
**Helen Evans 9 pts.**  
**Emily MacDuffie 2 pts.**

## **13-14 Female:**

**Katy Wolfe 116 pts.**  
**Heather Kraft 107 pts.**  
**Sam Couillard 89 pts.**  
**Gaby Cloutier 80 pts.**  
**Maya Glab 79 pts.**  
**Katherine Moreshead 62 pts.**  
**Noelle Webster 42 pts.**  
**Alison Reynolds 40 pts.**  
**Madeline Kraft 21 pts.**  
**Julia Hintlian 9 pts.**

## **11-12 Female:**

**Sydney Wight 87 pts.**  
**Aleeza Barkas 69 pts.**  
**Lucy Iselborn 20 pts.**  
**Haylee Walsh 5 pts.**

## **10 and Under Female:**

**Taylor Herrera 84 pts.**  
**Ana Neff-Jendrasko 48 pts.**  
**Nicole Cloutier 38 pts.**  
**Edie Frederick 6 pts.**

## **15 and over Male:**

**Tyler Magee 160 pts.**  
**Nick Daly 146 pts.**  
**Robby Gravel 139 pts.**  
**Jim Harvey 99 pts.**  
**Drew MacKeil 97 pts.**  
**Joe Moreshead 95 pts.**  
**Nick Twomey 40 pts.**  
**Tom Spencer 5 pts.**  
**Adam Saltz 3 pts.**  
**Paul Wennberg 2 pts.**

## **13-14 Male:**

**Kip Gravel 180 pts.**  
**Arthur Hamill 134 pts.**  
**Marcus Cloutier 113 pts.**  
**Christian Shannon 61 pts.**

## **11-12 Male:**

**Trebor Lawton 164 pts.**  
**Jerry Gravel 162 pts.**  
**Evan Long 122 pts.**  
**Ben Shapiro 38 pts.**  
**Louis Frumer 8 pts.**

## **10 and Under Male:**

**Rhyan Cloutier 52.50 pts.**  
**Marshall Peterson 4 pts.**  
**Andrew Herrera 3 pts.**