

**Meet Reports:**  
**Peaks to Portland July 14, 2007**  
**Speedo Champion Series Super Sectionals July 19-22, 2007**  
**Summer Championships July 25-28, 2007**

Out of 153 athletes who competed in the 2.4 mile swim from Peaks Island to East End Beach in Portland, there were many success stories. The field ranged in ages from 15-71, and CMA had 5 athletes, 5 parents, and one former athlete who took the plunge into the very cold waters of Casco Bay. Congratulations go out to our parents: Hughes Kraft (Madeline and Heather), Bob Daly (Nick and Nora), Carrie McCusker (Jacob and Izzy), Matt Bates (Sierra), former CMA athlete Schuyler Armstrong and her dad Jeffrey, and athletes Emily O'Neil and Paige St. Germaine for participating in such a notable swim. Rounding out the field and finishing in the top three places overall were Joe Moreshead, Page Beecher, and Nicole Glab. Fantastic swimming everyone!

Just 4 days later, Leanne ventured down to St. Mary's, Maryland with Page Beecher, Nick Daly, Tyler Magee, and Robby Gravel to compete in the fastest one of nine USA Swimming Super Sectional long course Meets. Page, Nick, Tyler, and Robby did well to qualify to swim in this meet. Just 5 days after competing in the Peaks to Portland swim, Page set a **CMA Team Record** for Senior Men in the 200IM with a time of 216.18 and cut off almost 2 seconds from the 200 IM and 400 IM times. Earning the most individual swims in our group, Page competed in 6 events and placed in the top 30 in both the 100 fly and the 200 IM! Nick Daly earned best times in all three of his swims and lowered his 100 fly by 2 seconds, his 100 free by 1.5 seconds, and his 50 free by .50 seconds. Tyler Magee set **3 CMA Team Records** in the 17-18 Men's category with a time of 111.77 in the 100 Breast, 54.99 in the 100 Free, and the same 100 Breast in the Senior Men's category. Tyler earned 4/5 best times and dropped 2.5 seconds from his 100 breast, 1.5 seconds from his 100 free, and .2 seconds from his 50 free. Robby Gravel earned 5/5 best times and earned **2 CMA Team Records** for 15-16 boys in the 200 IM by going a 2:16.55 and in the 100 Back leadoff by going a 105.23. He dropped just under 13 seconds in the 400 IM, 7 seconds in the 200 IM, 2.6 seconds in the 100 Back, 1.3 seconds in the 100 Fly, and 1 second in the 200 Fly. All four athletes also got together and competed in three relays - two of which set **MSI State Records**. The 800 Free with a time of 8:19.50 and the 400 Medley with a time of 4:11.79 will surely be steadfast State Records for some time. Congratulations for a job well done and a trip that will be hard to beat!

Arriving back home Monday evening and turning around and heading north Wednesday morning, 50 of CMA's athletes, including three coaches and many parents embarked on what would be one of the most successful Summer Championships in recent history.

**COMBINED TEAM SCORES:**

**CMA - 5903**

**LRSC - 5549**

**BYB - 3534**

**MALE TEAM SCORES:**

**CMA - 2820**

**LRSC - 2367**

**BYB - 1825**

**FEMALE TEAM SCORES:**

**LRSC - 3182**

**CMA - 3083**

**BYB - 1709**

Wrapping up the most successful (and most competitive) summer championships CMA has had in recent years, our athletes compiled over **380 lifetime best times!** Please read below and appreciate all that our athletes have achieved!!!

**New State Records:**

11-12 Boys 200 Free Relay: **Jerry Gravel, Evan Long, Trebor Lawton, and Marcus Cloutier** 208.09

11-12 Boys 400 Free Relay: **Marcus Cloutier, Jerry Gravel, Evan Long, and Trebor Lawton** 442.73

11-12 Boys 200 Medley Relay: **Jerry Gravel, Marcus Cloutier, Trebor Lawton, and Evan Long** 228.68

*All previous 11-12 Boys State Records were held by CMA's Robby Gravel, Kip Gravel, Zach Gavin, and Paul Wennberg. Congratulations boys!*

13-14 Girls 400 Free Relay: **Laura Flewelling, Kelsey Ryan, Katy Wolfe, and Heather Kraft** 4:25.21

13-14 Girls 800 Free Relay: **Laura Flewelling, Katy Wolfe, Heather Kraft, and Kelsey Ryan** 9:54.37

13-14 Girls 400 Medley Relay: **Laura Flewelling, Amelia Lundkvist, Kelsey Ryan, and Heather Kraft** 4:55.84

13-14 Girls 200 Free Relay: **Laura Flewelling, Katy Wolfe, Kelsey Ryan, and Heather Kraft** 2:04.62

## New Junior National Cut:

**Andrew Rogers** – 50 Free 24.39

## New CMA Team Records:

All 7 relays from Champs, 2 relays from Sectionals, 6 individual swims from Sectionals, as well as:

11-12 Boys 50 Back – **Marcus Cloutier** 33.98

11-12 Boys 50 Breast – **Marcus Cloutier** 41.72 (SSA 6/2/07)

13-14 Boys 100 Back – **Kip Gravel** 1:06.04

13-14 Boys 200 Back – **Kip Gravel** 2:23.83

15-16 Boys 100 Fly – **Robby Gravel** 59.24

15-16 Boys 200 Back – **Robby Gravel** 2:21.06

17-18 Girls 100 Back – **Nicole Harmon** 1:09.54

17-18 Girls 200 Back – **Nicole Harmon** 2:29.74

17-18 Boys 200 Free – **Tyler Magee** 2:01.95

Open Men's 100 Back – **Andrew Rogers** 1:01.52

## New 2005-2008 National Age Group Motivational Times Earned at Champs and Sectionals

**“AAAA” Times –**  
**Robby Gravel (2)**

**“AAA” Times –**  
**Robby Gravel (4)**  
**Laura Flewelling (4)**  
**Tyler Magee (4)**  
**Jerry Gravel (4)**  
**Kip Gravel (3)**  
**Trebor Lawton (3)**  
**Nick Daly (2)**  
**Dini Bernier (2)**  
**Marcus Cloutier (1)**  
**Heather Kraft (1)**  
**Kelsey Ryan (1)**

**“AA” Times –**

**Dini Bernier (5)**  
**Marcus Cloutier (4)**  
**Trebor Lawton (3)**  
**Katy Wolfe (2)**  
**Laura Flewelling (2)**  
**Nick Daly (1)**  
**Zach Gavin (1)**  
**Jerry Gravel (1)**  
**Robby Gravel (1)**  
**Nick Twomey (1)**

**“A” Times –**

**Christine Beecher (5)**  
**Amelia Lundkvist (5)**  
**Katy Wolfe (4)**  
**Dini Bernier (3)**  
**Nick Twomey (3)**  
**Trebor Lawton (2)**  
**Andrew Leavitt (2)**  
**Zach Gavin (1)**  
**Danielle Gravel (1)**  
**Jerry Gravel (1)**  
**Chris Makrides (1)**

## Lifetime Best Times

**14 Best Times:** Helen Evans

**13 Best Times:** Chris Bouchard

**12 Best Times:** Robby Gravel, Madeline Kraft, Noelle Webster

**11 Best Times:** Christine Beecher, Amelia Lundkvist, Tyler Magee, Brian Smith, Katy Wolfe

**10 Best Times:** Christian Ames, Dini Bernier, Laura Flewelling, Heather Kraft

**9 Best Times:** Aleeza Barkas, Sam Frederick, David Goodglass, Jerry Gravel, Arthur Hamill, Trebor Lawton, Evan Long, Alison Reynolds, Nick Twomey, Stephanie Walton

**8 Best Times:** Marcus Cloutier, Ashleigh Gardiner, Kip Gravel, Andrew Herrera, Chris Makrides

**7 Best Times:** Nicole Cloutier, Edie Frederick, Zach Gavin, Maya Glab, Taylor Herrera, James McKinney, Katherine Moreshead, Andrew Rogers

**6 Best Times:** Rhyan Cloutier, Gabrielle Lawrence, Drew MacKeil

**5 Best Times:** David Flewelling, Kelsey Ryan

**4 Best Times:** Nicole Harmon, Andrew Leavitt

**3 Best Times:** Mandy Branch

**2 Best Times:** Eric French

**1 Best Time:** Nicole Glab, Danielle Gravel, Sophie Lawton

### Individual Point Scorers in their respective age groups:

#### 15 and over Female Scorers:

6 - Nicole Glab 143 pts.

7 - Nicole Harmon 141 pts.

9 - Dini Bernier 135 pts.

14 - Danielle Gravel 107 pts.

16 - Christine Beecher 99 pts.

23 - Stephanie Walton 55 pts.

29 - Helen Evans 40 pts.

35 - Mandy Branch 20 pts.

47 - Ashleigh Gardiner 5 pts.

#### 15 and over Male Scorers:

1 - Robby Gravel 172 pts.

2 - Tyler Magee 168 pts.

4 - Andrew Rogers 161 pts.

7 - Andrew Leavitt 131 pts.

7 - Drew MacKeil 131 pts.

7 - Zach Gavin 131 pts.

10 - Brian Smith 128 pts.

22 - Nick Twomey 70 pts.

35 - Christian Ames 14 pts.

42 - Chris Bouchard 7 pts.

46 - James McKinney 2 pts.

**13-14 Female Scorers:**

1 - Laura Flewelling 180 pts.  
1 - Kelsey Ryan 180 pts.  
4 - Amelia Lundkvist 151 pts.  
6 - Heather Kraft 141 pts.  
7 - Katy Wolfe 139 pts.  
13 - Maya Glab 108 pts.  
15 - Madeline Kraft 94 pts.  
19 - Katherine Moreshead 87 pts.  
20 - Alison Reynolds 68 pts.  
25 - Noelle Webster 65 pts.  
32 - Sophie Lawton 16 pts.

**13-14 Male Scorers:**

1 - Kip Gravel 180 pts.  
22 - Arthur Hamill 65 pts.

**11-12 Female Scorers:**

15 - Aleeza Barkas 73.50 pts.

**11-12 Male Scorers:**

1 - Jerry Gravel 164 pts.  
3 - Marcus Cloutier 160 pts.  
4 - Trebor Lawton 147 pts.  
15 - Evan Long 64 pts.

**10 and Under Female Scorers:**

7 - Nicole Cloutier 97pts.  
10 - Taylor Herrera 82 pts.  
17 - Edie Frederick 18.50 pts.  
27 - Gabrielle Lawrence 3 pts.

**10 and Under Male Scorers:**

8 - Rhyan Cloutier 102 pts.  
14 - Andrew Herrera 56 pts.  
15 - Sam Frederick 20 pts.  
20 - David Flewelling 3 pts.

**Relay points earned by entire team plus Eric!**

**10 and Under Girls: 119**

**10 and Under Boys: 80**

**11-12 Boys: 150**

**13-14 Girls: A - 200**

**B - 160**

**Open Girls: A - 166**

**B - 133**

**C - 57**

**Open Boys: A - 200**

**B - 156**

**C - 109**

**D - 49**