

To all athletes and families who supported CMA at Summer Championships 2008 in St. John, New Brunswick:

TREMENDOUS THANKS to each and every one of you! The teamwork demonstrated by car-pooling, room-sharing, timing, officiating, refereeing, computer support, and clean-up to the overall love and care you gave to all the CMA athletes is appreciated beyond words. Supplying drinks on deck to our coaches and athletes, organizing timing responsibilities, taking pictures, and generally supporting our coaches and athletes with smiles and kind words all went a long way to cementing CMA's success. I'm sure you will all agree that the hotel, mall, restaurants, and 50 meter pool.....all under one roof, is just a fantastic experience for everyone. In a short time, it will be determined where Summer Championships will be held next summer. Should we go back to St. John, passports will be an absolute must for everyone. If you haven't secured a passport yet, please start the application process now.

Attached you will find a meet report which sums up the success our team experienced at Championships, Sectionals, and Peaks to Portland. As one of only a handful of team-scoring meets, summer (and winter) champs offers an opportunity for our athletes to compete for CMA – not just for themselves. As Maine teams are now taking the long course season seriously (which is the main season throughout the rest of the country and Australia!), CMA has finally faced the kind of competition we see during the short course season. We were able to stay within 400 points of a deep LRSC team (which fielded 65 athletes) that has been gaining on CMA (50 athletes strong) during our 5 consecutive MSI LC Championship wins. We hope you take the opportunity to read and appreciate all that our athletes accomplished. What a testament to the hard work and dedication our entire CMA family puts in throughout the year.

Again, thank you for being a part of CMA and helping our athletes to be involved in such positive experiences.

*Leanne, Chris, Andrew, Eric, Sean & Brian
Summer 2008*

Meet Reports:
Summer Championships July 23-26, 2008
Speedo Champion Series Super Sectionals July 17-20, 2008
Peaks to Portland July 14, 2008

During the course of one of the most competitive Maine State Long Course Championships in history, 50 of our athletes compiled over 350 lifetime best times. Please read below and appreciate all that our athletes achieved!

COMBINED TEAM SCORES:

LRSC - 7152

CMA - 6685

SYT - 1498

MALE TEAM SCORES:

CMA - 3460

LRSC - 2931

BYB - 1119

FEMALE TEAM SCORES:

LRSC - 4221

CMA - 3225

SEAL - 1498

New State Records:

11-12 Boys 200 Backstroke: **Jerry Gravel**, 2:37.70

10 & Under Boys 200 Medley Relay: **Andrew Herrera, Marshall Peterson, Rhyan Cloutier, Kyle Long**, 3:01.11

15-18 Women 200 Medley Relay: **Nicole Harmon, Laura Flewelling, Nora Daly, Dineke Bernier**, 2:12.98

15-18 Women 800 Free Relay: **Laura Flewelling, Christine Beecher, Nora Daly, Dineke Bernier**, 9:17.36

Senior Women 800 Free Relay: **Laura Flewelling, Christine Beecher, Nora Daly, Dineke Bernier**, 9:17.36

15-18 Men 200 Free Relay: **Tyler Magee, Robby Gravel, Joe Moreshead, Nick Daly**, 1:45.38

15-18 Men 400 Free Relay: **Robby Gravel, Nick Twomey, Kip Gravel, Tyler Magee**, 3:52.28

15-18 Men 800 Free Relay: **Tyler Magee, Arthur Hamill, Drew MacKeil, Nick Twomey**, 8:51.30

15-18 Men 200 Medley Relay: **Nick Daly, Tyler Magee, Drew MacKeil, Joe Moreshead**, 1:58.32

15-18 Men 400 Medley Relay: **Kip Gravel, Tyler Magee, Robby Gravel, Joe Moreshead**, 4:15.44

New CMA Team Records:

All 10 state records from the list above as well as:

8 and under Boy's 50 Breast - Andrew Herrera 54.44

8 and under Boy's 100 Fly - Andrew Herrera 1:59.52

15-16 Boy's 100 Back - Kip Gravel 1:03.84

15-16 Girls' 200 IM - Laura Flewelling 2:30.36

Senior Women 200 IM - Laura Flewelling 2:30.36

17-18 Women 200 Back - Nicole Harmon 2:29.74

17-18 Men 100 Breast- Tyler Magee 1:10.15

Senior Men 100 Breast- Tyler Magee 1:10.15

10 and under Girl's 200 Freestyle Relay - Ana Neff-Jendrasko, Taylor Herrera, Edie Frederick, Gabrielle Lawrence, 2:41.19

10 and under Girl's 400 Freestyle Relay - Edie Frederick, Taylor Herrera, Gabrielle Lawrence, Ana Neff-Jendrasko, 6:02.76

13-14 Girls' 200 Medley Relay - Noelle Webster, Samantha Couillard, Gaby Cloutier, Lucy Iselborn, 2:27.92

Senior Women 400 Freestyle Relay - Laura Flewelling, Christine Beecher, Nora Daly, Dineke Bernier, 4:12.76

New 2008 National Age Group Motivational Times

"AAAA" Times -

Nick Daly (1)
Jerry Gravel (1)

"AAA" Times -

Nora Daly (2)
Laura Flewelling (2)
Jerry Gravel (1)
Kip Gravel (1)
Amelia Lundkvist (1)
Joe Moreshead (2)
Nick Twomey (2)

"AA" Times -

Aleeza Barkas (3)
Christine Beecher (3)
Dineke Bernier (1)
Gaby Cloutier (4)
Marcus Cloutier (2)
Rhyan Cloutier (1)
Nick Daly (1)
Jerry Gravel (1)
Kip Gravel (2)
Robby Gravel (1)
Taylor Herrera (1)
Trebor Lawton (3)
Evan Long (1)
Amelia Lundkvist (2)
Ana Neff-Jendrasko (1)

"A" Times -

Aleeza Barkas (2)
Gaby Cloutier (3)
Marcus Cloutier (1)
Rhyan Cloutier (1)
Nora Daly (2)
Taylor Herrera (4)
Trebor Lawton (1)
Emily MacDuffie (5)
Katherine Moreshead (1)
Ana Neff-Jendrasko (2)
Nick Twomey (2)

Seasonal Best Times

13 Best Times: Nick Twomey

12 Best Times: Trebor Lawton, Evan Long, Emily MacDuffie

11 Best Times: Gaby Cloutier

10 Best Times: Christine Beecher, Marcus Cloutier, Nicole Cloutier, Sophia Lawton, Noelle Webster

9 Best Times: Aleeza Barkas, Brian Smith

8 Best Times: Davis Backer, Rhyan Cloutier, Samantha Couillard, David Flewelling, Edie Frederick, Taylor Herrera, Kyle Long, Katherine Moreshead, Ana Neff-Jendrasko, Arden Wing, Leo Wing, John Xiang

7 Best Times: Katy Beneman, Nora Daly, Sam Frederick, Andrew Herrera, Drew MacKeil, Marshall Peterson

6 Best Times: Laura Flewelling, Kip Gravel, Alicia Lawrence, Amelia Lundkvist, Olivia Neff-Jendrasko, Rosie Wennberg, Koko Wing

5 Best Times: Nick Daly, Helen Evans, Arthur Hamill, Lucy Iselborn, Joe Moreshead

4 Best Times: Dineke Bernier, Jerry Gravel

3 Best Times: Tyler Magee

2 Best Times: Eric French, Robby Gravel, Nicole Harmon, Gabrielle Lawrence

1 Best Time: Sean Flaherty, Zach Gavin, Gary Long

Individual Point Scorers in their respective age groups:

15 and over Female Scorers:

983 points - Laura Flewelling, Dineke Bernier, Nicole Harmon, Nora Daly, Christine Beecher, Amelia Lundkvist, Danielle Gravel, Rosie Wennberg, Emily MacDuffie, Helen Evans, Sophia Lawton, Olivia Neff-Jendrasko.

15 and over Male Scorers:

1337 points - Robby Gravel, Kip Gravel, Brian Smith, Drew MacKeil, Tyler Magee, Joe Moreshead, Nick Daly, Nick Twomey, Zach Gavin, Arthur Hamill, Davis Backer, Sean Flaherty, Eric French, Gary Long.

13-14 Female Scorers:

423 points - Gaby Cloutier, Samantha Couillard, Katherine Moreshead, Noelle Webster, Lucy Iselborn

13-14 Male Scorers:

424 points - Marcus Cloutier, Trebor Lawton, Evan Long

11-12 Female Scorers:

338 points - Aleeza Barkas, Katy Beneman, Nicole Cloutier, Arden Wing

11-12 Male Scorers:

258 points - Jerry Gravel, Sam Frederick

10 and Under Female Scorers:

402 points - Ana Neff-Jendrasko, Taylor Herrera, Edie Frederick, Gabrielle Lawrence, Alicia Lawrence, Koko Wing

10 and Under Male Scorers:

483 points - Rhyan Cloutier, Andrew Herrera, Marshall Peterson, Kyle Long, Leo Wing, John Xiang, David Flewelling

Relay Points earned by Age Groups

10 and Under Girls: 174

10 and Under Boys: 192

11-12 Boys: 0

11-12 Girls: 174

13-14 Girls: 222

13-14 Boys: 0

Open Girls: 509

Open Boys: 766

Total Points and Places earned by age groups

10 and Under Girls: 576 **2nd Place**

10 and Under Boys: 675 **1st Place**

11-12 Girls: 512 **2nd Place**

11-12 Boys: 258 **2nd Place**

13-14 Girls: 645 **2nd Place**

13-14 Boys: 424 **3rd Place**

Senior Girls: 983 **1st Place**

Senior Boys: 1337 **1st Place**

The CMA athletes who qualified for USA Swimming's Super Sectionals at Penn State University were: Page Beecher, Jenn Flaherty, Laura Flewelling, Robby Gravel, Nicole Harmon, and Tyler Magee. (3 other athletes qualified but could not attend: Nick Daly, Nora Daly, and Drew MacKeil). All the athletes did a fantastic job just to qualify to swim in this meet, and the experience of competing outside in sweltering hot, humid weather close to 100 degree was something they'll never forget! Nicole Harmon qualified to swim in the finals at night in both the 100 and 200 Backstrokes. Page Beecher earned 4/6 Best times in the 100 Breast, 50 Free, 200 Breast, and 100 Fly. Laura Flewelling earned a best time and a "AAA" distinction in the 50 Free, and all the athletes put forth 100% effort. Congratulations to all of you!

Out of 159 athletes who competed in the 2.4 mile swim from Peaks Island to East End Beach in Portland, there were many success stories. The field ranged in ages from 15-71, and CMA had several athletes and parents who took the plunge into the very cold waters of Casco Bay. Special Congratulations go out to: Joe Moreshead for finishing second overall and first in his age group; and to Lily Wennberg for finishing first in her age group. Fantastic swimming everyone!